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# Spinning For Softness And Speed



## Synopsis

Book by Simmons, Paula

## Book Information

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## Customer Reviews

Book by Simmons, Paula

I always find another hint....

This little book is a treasure trove of wonderful information. Some of it is repetitive, but that helps you to really remember what needs to be done. I did spin some roving and plied it, using the techniques in this book and it came out beautifully.

Paula Simmons loved to teach spinning and you can tell it with this book. She even tells you how to hold your hands and fingers, just as if she was sitting beside you. The pictures showing the fiber being held and drafted are great! Since this is an older book I thought I'd list the contents: 1. What the one-handed method will accomplish 2. How to spin with one hand 3. Wool preparation and handling 4. Wheel requirements and limitations 5. The complete spinner 6. Teaching the one-handed method 7. Projects for soft yarns Appendix: Tips and Reminders The appendix shows a picture of a "carding board" which is very interesting, as I have never seen one. It says it is a combination picker and carder. There are too many items in the appendix to list. The book is a jewel just for the pictures alone.

This book is great for beginners and experienced spinners alike. You'll be able to spin much faster, more even yarns in no time. BUT don't spend crazy money to get this book used. Paula Simmons sells reprints directly from her home for \$20. Her phone number and address is available on the Pat Green Carders website.

A wonderful book that every spinner should have in their library. Paula's love of fiber arts & the sharing of her knowledge shows brightly in the pages of this (and all her other books).

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